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# Academy of Oriental Medicine

Training Course Prospectus 2013

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# Courses Offered

THE ACADEMY OF ORIENTAL MEDICINE

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\* **Diploma Courses**

Anmo, Tuina / Tao-Yin, Acupuncture for Structural Dysfunction & Pain Management, Acupuncture & Moxibustion

\* **Bachelor of Science Degree in Acupuncture & Oriental Medicine**

\* **Additional / CPD Courses**

\* **Clinical Placement / Training Trips Abroad**

\* **Table of Prices**

## Diploma Courses

### Anmo - Chinese Remedial Massage 10 Modules

This program is specifically designed for those who wish to change career paths, or for anyone (as long as they can speak, read and write English) wishing to study and practice Oriental Medicine.

The program will progressively take you through to being a professional massage therapist with ample scope for furthering your education as you gain more experience.

Most Academy programs are held at weekends to enable those in full-time employment the opportunity to train for a new life as a therapist.

All Academy programs are approved by the Institute for Complementary and Natural Medicine (ICNM).



In addition to the generally accepted massage techniques, the Anmo course also provides:

- Basic muscle testing - which brings a more in-depth diagnostic skill to remedial massage therapy.
- Fundamental TCM/Oriental Medicine Theory
- Relevant Anatomy & Physiology
- Cupping therapy (a part of Moxibustion)
- Point stimulation and Acupressure - preparing you for future courses such as Acupuncture and Tuina.



# Tuina / Tao-Yin



## 14 Modules

**Chinese Physical Therapy / Cranial Balancing / Positional Release Techniques / Qi Gung  
Anmo Chinese Massage course is a prerequisite to this program**

This is the rational second step up the ladder. It changes things to the whys, whens, and how disease/dysfunction is present rather than just working on affected areas.

Within the course program we will be covering:

- Spinal/skeletal patterns of dysfunction
- Memory patterns of dysfunction
- Tuina/Tao-Yin Stacking / locking / re-balance techniques
- Qi Gung protection & projection
- Tao-Yin cranial Balancing
- Tao-Yin Positional Release Techniques
- Tao-Yin Organ Balance
- Fu Bu Anmo and much more...



# Acupuncture for Structural Dysfunction & Pain Relief

## 6 Modules

This course program is specifically designed for any professionals (Nurses, Doctors, Osteopaths etc.) who work in a statutory regulated trade within a similar scope of practice, or for Academy students as Part 1 of their professional Acupuncture training/qualifications.



This Program Includes:

- Introduction to Acupuncture, Health & Safety, Contra-Indications, etc.
- Basic Theory of Pain in TCM
- Acupuncture apparatus (such as TDP Lamp, Electro-Stimulator, etc.)
- Treatment of pain and dysfunction to the upper/lower extremities, spine, pelvis & head.
- Clinical Practice



# Acupuncture & Moxibustion (Traditional Chinese Medicine)

**15 Modules - Acupuncture for Structural Dysfunction & Pain Management is a prerequisite to joining this course program.**

This program is an in-depth study of Acupuncture & Moxibustion. The course includes:

- TCM Theory
- TCM Diagnosis & Differentiation
- Theory of Channels, Meridians, Collaterals
- Point Location and Indication
- Selecting Points & Needling Methods
- Clinical Practice
- and much more...

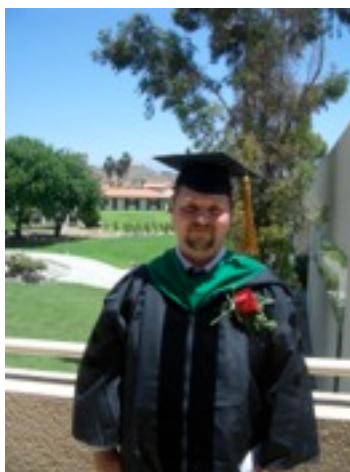


# Bachelor of Science Degree (B.Sc.) in Acupuncture & Oriental Medicine

The first four Diploma Course disciplines (previously mentioned) combine to create the BSc Degree in Acupuncture & Oriental Medicine. In addition to the Diploma attendance/home study, you will be required to pay University fees, complete additional examinations and submit a dissertation in an approved area of medicine/illness/dysfunction/TCM.



The Academy has been in collaboration with The American Liberty University for many years now, with our first group of Degree students graduating in 2005. We chose to collaborate with the ALU due to the exceptionally high standards required to practice in the State of California, and the success rate of students passing the California State examinations.



Dr Philip Lawes at his PhD graduation in California 2005



Dr Graham Chandler receiving his PhD from ALU President Dr Kevin Soltani, and ALU Vice President Dr Howard Kim in California 2005

## Diploma Course Price List

COURSE	LENGTH	PRE-REQUISITE	COST
Anmo - Chinese Remedial Massage	10 Modules	None apart from English language	£200 deposit £200 per module Total £2200
Tuina/Tao-Yin (Physical Therapy)	14 Modules	Anmo Chinese Remedial Massage or recognized equivalent	£300 deposit £200 per module Total £3000
Acupuncture Pain/Structure	6 Modules	Health Professional or Tuina/Tao-Yin	£200 deposit £200 per module Total £1400
Acupuncture & Moxibustion (TCM)	15 Modules	Acupuncture for Pain/Structure	£300 deposit £200 per module Total £3300

## Bachelor of Science Degree (B.Sc.) in Acupuncture & Oriental Medicine Price List

COURSE	LENGTH	PRE-REQUISITE	COST
B.Sc. Degree in Acupuncture & Oriental Medicine	45 Modules which is all of the previously mentioned Diploma courses combined.	Previously stated on each diploma course	<ul style="list-style-type: none"> <li>• Anmo £2200</li> <li>• Tuina/Tao-Yin £3000</li> <li>• Acupuncture Pain £1400</li> <li>• Acupuncture &amp; Moxibustion £3300</li> <li>• University fee £3000</li> </ul> <p style="text-align: right;">Total £12'900</p>



## Additional Courses & CPD Training

Most reputable governing bodies demand their members complete a certain amount of continual personal development (CPD) training to be completed each year.

This can be completed by attending recognized/relevant courses, work experience with a more experienced practitioner, clinical training/observation in Hospitals in the Far East, etc.

One of such additional courses the Academy offer that has proved popular is:

### Hot Stone Massage.



Most Hot Stone programs in the UK are taught by instructors with little clinical experience and held over a single day. Our program includes lectures by therapists with many years experience in practice, and an extra day to gain confidence in the methods taught, along with a qualifying assessment making sure that the techniques and methods have been absorbed.

The program includes:

- Health & Safety
- Contra-Indications to Hot Stone Massage Therapy
- Equipment needed and uses
- Methods of practice - Static Hot Stones, sliding/massaging, cold stone therapy, areas and uses of stone therapy
- Clinical Practice

Course	Length	Pre-requisite	Cost
Hot Stone Massage	1 Module	Massage qualification	Deposit: £50 Per Module: £200 Total: £250
CPD Training	Various	Various	£25 deposit & £100 for training per day

## Clinical Practice Placements / training Abroad

For many years the Academy has been taking students abroad for specialist knowledge and training that is a must for the serious practitioner. The most common amongst these are clinical practice and training trips in one of the many hospitals in China we are associated with, to train and observe in the many disciplines and areas of Traditional (and modern) Chinese Medicine. A close second to the China trips are to Thailand for training in Traditional Thai Massage, Qi Gung and Organ Massage.



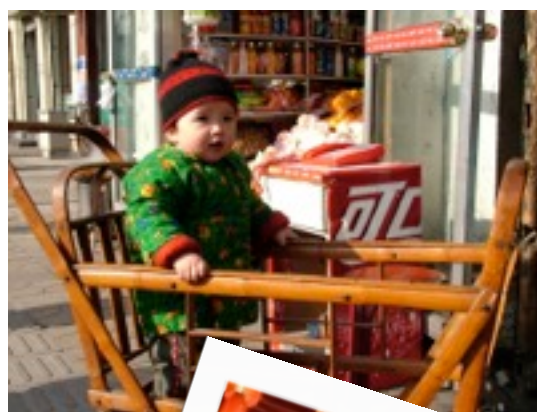
The trips we arrange are normally 2 weeks in length. This way you are not away from your clients/family for too long, but you are away long enough to gain a new understanding and change the way you think and apply your treatments.



## Cost of Training Trips Abroad

Although we cannot be exact on the price of these training trips until near the time of booking due to the fluctuating cost of flights and exchange rates, an average costing is detailed below:

COURSE	LENGTH	PRE-REQUISITE	COST
Clinical Practice Training trip to China or Thailand	Various, but normally around 2 weeks	Depending on where and what you wish to see but we would normally recommend those going to China to have Acupuncture skills and those going to Thailand must be qualified Massage Therapists.	Average 2 week trip inc. flight, bed, breakfast and hospital training is approx. £1900





## Terms & Conditions

Please read the following carefully, sign, date & return the document with your application and two passport sized photographs.

- The Academy of Oriental Medicine reserves all copyright of the materials supplied for the courses, and they must not be reproduced in any way except with the explicit written agreement of the Academy.
- No student may subsequently utilize course material by infringing the Academy's copyright either before or after qualification.
- The Academy reserves the right to alter course fees where necessary and make changes to course material, dates and locations of training.
- Upon enrolling on a course, the student must not to set him/herself up as a practitioner until the course has been completed and the relevant assessment by the Academy has been passed.
- No enrollment is accepted unless this form is completed, signed and sent together with the appropriate remittance: Cheques should be made payable to: Academy of Oriental Medicine Ltd.
- Cancellations will only be accepted before one month prior to the commencement of the course. This would be the official start date of the course notified to you in writing. If you have paid the course deposit and course fees prior to the commencement of the course, the Academy will refund all money less your deposit and £100 administration charge.
- Should you decide to leave the course early for any reason, prepaid course fees will be returned but only to the next full trimester (or if individual courses, a full months notice must be given. Any courses within that months period will be charged).
- The Academy accepts cheques, cash, credit and debit cards as forms of payment, but please be aware that if you wish to pay course tuition fees, deposits, etc. by credit/debit card there will be a surcharge of 4% for credit card payments and 2% for debit card payments.

Signed.....

Print.....

Date.....

**Please state the course you are applying for:**

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<b>Name</b>	<b>Date of Birth</b>
<b>Address</b>	<b>Telephone</b>
	<i>Home:</i>  <i>Work:</i>  <i>Mobile:</i>  <i>Email:</i>
<b>Occupation</b>	<b>Qualifications</b>
<b>Previous Medical Experience</b>	<b>Where did you find out about the course?</b>

Name	Date of Birth

**ADDITIONAL RELEVANT INFORMATION**