



**Academy of Oriental Medicine
Training Prospectus 2011**

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A New Way of Teaching for the Academy

Welcome to the Academy of Oriental Medicine's training prospectus 2011. It is an exciting time for the Academy as we embark on a new way of teaching Oriental Medicine. In our previous program you would not gain qualification until the end of your three year Bachelor of Science Degree, but the new modular format enables you to begin practice (should you qualify) on completion of each discipline.

The Academy will guide you through to qualification with their expertise and understanding with a fresh and original approach.

The next few pages are dedicated to the individual courses available with the Academy. Please note the pre-requisite at the top of each section. For those who wish to complete a BSc Degree in Acupuncture & Oriental Medicine all course modules mentioned on page 13 must be completed.

If you have any questions about the programs please do not hesitate to call 01708 370822.





Anmo - Chinese Remedial Massage

Course Pre-Requisite - None

Course Length - 8 Modules (1 Module being a 2 day attendance lecture)

Home Study - 7 Essays (plus learning assignments)

End of course program examination to gain a professional qualification in Anmo (Chinese Remedial Massage)

Registration/Approval - This course is recommended and approved by the Institute for Complementary & Natural Medicine (ICNM), British Register of Complementary Practitioners (BRCP)

Course Cost - Total: £2000 (£400 non-refundable deposit and £1600 for the course. Payments made £200 per course module)



The Academy's Anmo (Chinese Remedial Massage) course is an ideal beginning for those wishing to embark in a new career in Oriental Medicine.

The program includes:

- Anatomy & Physiology
- Traditional Chinese Medicine Theory
- Traditional Chinese Medicine Diagnosis & Differentiation
- Channels / Collaterals / Point Location & Indication
- Acupressure Theory & Application
- Contra-Indications to Massage
- Health & Safety
- First Aid (set to government recommendation)
- Muscle Testing & Evaluation
- Massage Techniques
- The Treatment of Pain, Sporting Injuries, Dysfunction
- Clinical Practice



Cupping & Moxibustion

Course Pre-Requisite - Anmo (Chinese Remedial Massage)

Course Length - 1 Module (1 Module being a 2 day attendance lecture)

End of course program examination and assessment to gain a professional qualification in Cupping & Moxibustion

Registration/Approval - This course is recommended and approved by the Institute for Complementary & Natural Medicine (ICNM), British Register of Complementary Practitioners (BRCP)

Course Cost - Total: £250 (£50 non-refundable deposit and £200 for the course).

The Cupping and Moxibustion program is designed as a post graduate to the Anmo course (or equivalent diplomas such as Anma, Amma, etc.) or as a CPD qualified in Acupuncture.

The program includes:

- Health & Safety
- Contra-Indications to Cupping and Moxibustion
- Equipment needed
- Static Cupping, Flash Cupping, Sliding Cupping Methods
- Moxa - Moxa Box, Moxa Stick, Smokeless Moxa
- Clinical Practice



Hot Stone Therapy

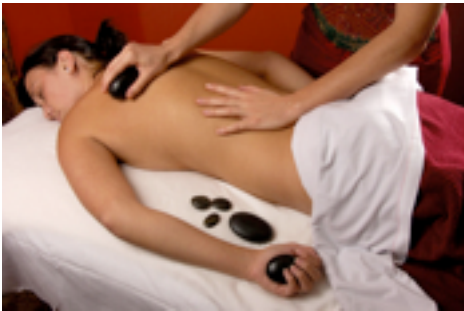
Course Pre-Requisite - Professional Massage Qualification (including Anatomy & Physiology)

Course Length - 1 Module (1 Module being a 2 day attendance lecture)

End of course program examination and assessment to gain a professional qualification in Hot Stone Massage Therapy

Registration/Approval - This course is recommended and approved by the Institute for Complementary & Natural Medicine (ICNM), British Register of Complementary Practitioners (BRCP)

Course Cost - Total: £250 (£50 non-refundable deposit and £200 for the course).



The Hot Stone Massage Therapy program is a popular new addition to the Academy's prospectus. Designed as a useful addition to any holding a massage qualification (including anatomy & physiology) or as a CPD to those qualified in Acupuncture, Anmo, TuiNa, Anma, Amma etc.

Most Hot Stone programs in the UK are taught by instructors with little clinical experience and held over a single day. Our program includes lectures by therapists with many years experience in practice, and an extra day to gain confidence in the methods taught, along with a qualifying assessment making sure that the techniques and methods have been absorbed.

The program includes:

- Health & Safety
- Contra-Indications to Hot Stone Massage Therapy
- Equipment needed and uses
- Methods of practice - Static Hot Stones, sliding/massaging, cold stone therapy, areas and uses of stone therapy
- Clinical Practice





Fu Bu Anmo - Abdominal / Organ Massage

Course Pre-Requisite - Massage qualification including anatomy and physiology

Course Length - 2 Modules (1 Module being a 2 day attendance lecture)

Home Study - 1 Essay (plus learning assignments)

End of course program examination to gain a professional qualification in Fu Bu Anmo (Chinese Abdominal/ Organ Massage)

Registration/Approval - This course is recommended and approved by the Institute for Complementary & Natural Medicine (ICNM), British Register of Complementary Practitioners (BRCP)

Course Cost - Total: £500 (£100 non-refundable deposit and £400 for the course. Payments made £200 per course module)

The Academy's Fu Bu Anmo (Chinese Abdominal/Organ Massage) course is a little known, but very effective system of massage that helps balance the bodies digestive system (aids in absorption/defecation, IBS, Stress, etc.) and is an ideal addition to any qualified as a massage therapist.

The program includes:

- Revision of the root of food
- Traditional Chinese Medicine Theory on Zang/Fu organs (functions and emotions) and the digestive system
- Traditional Chinese Medicine Diagnosis & Differentiation of relevant conditions
- Contra-Indications to Abdominal Massage
- Health & Safety
- Chasing the Winds
- Reflex Points, Six Thai Points, etc.
- Muscle Testing & Evaluation
- Massage Techniques and releases
- The Treatment of digestive structural and stress related complaints
- Clinical Practice





Cranial Balancing Course (Cranial Tao-Yin)



For many years the UK has been aware of the benefits of cranial balancing, and we at the Academy have studied many different approaches of cranial therapy (beginning with the Western system, then onto the Japanese and finally settling on the Chinese Tao-Yin system). All system cross over in their beliefs and techniques but this course will open you to the world of Tao-Yin (Qi Gung).

Course Pre-Requisite - Massage qualification including anatomy and physiology

Course Length - 3 Modules (1 Module being a 2 day attendance lecture)

Home Study - 2 Essays (plus learning assignments)

End of course program examination to gain a professional qualification in Tao-Yin Cranial Balancing

Registration/Approval - This course is recommended and approved by the Institute for Complementary & Natural Medicine (ICNM), British Register of Complementary Practitioners (BRCP)

Course Cost - Total: £700 (£100 non-refundable deposit and £600 for the course. Payments made £200 per course module)



TuiNa / Tao-Yin Course Program

Chinese Physical Therapy / Positional Release Techniques



Course Pre-Requisite - Anmo (Chinese Remedial Massage), Cranial Balancing, Fu Bu Anmo

Course Length - 10 Modules (1 Module being a 2 day attendance lecture)

Home Study - 9 Essays (plus learning assignments)

End of course program examination to gain a professional qualification in Anmo (Chinese Remedial Massage)

Registration/Approval - This course is recommended and approved by the Institute for Complementary & Natural Medicine (ICNM), British Register of Complementary Practitioners (BRCP)

Course Cost - Total: £2500 (£500 non-refundable deposit and £2000 for the course. Payments made £200 per course module)



The program includes:

- Anatomy & Physiology
- Muscle/Skeletal Testing & Evaluation & Locking in Responses
- Re-Patterning Techniques & Positional Response
- The Treatment of Pain, Sporting Injuries, Dysfunction etc.
- Clinical Practice



Acupuncture for Structural Dysfunction & Pain Management

Pre-requisite: AOM Manual Therapies (section 1 & 2) or a Professional Qualification including Anatomy & Physiology and First Aid (already being registered on a statutory regulated trade such as Nurse, Doctor, Osteopath etc.)

Course Length: 6 Modules - This program is designed specifically to deal with the most common occurring injuries and structural dysfunction to present in clinic.

Home Study: 5 Essays (plus learning assignments)



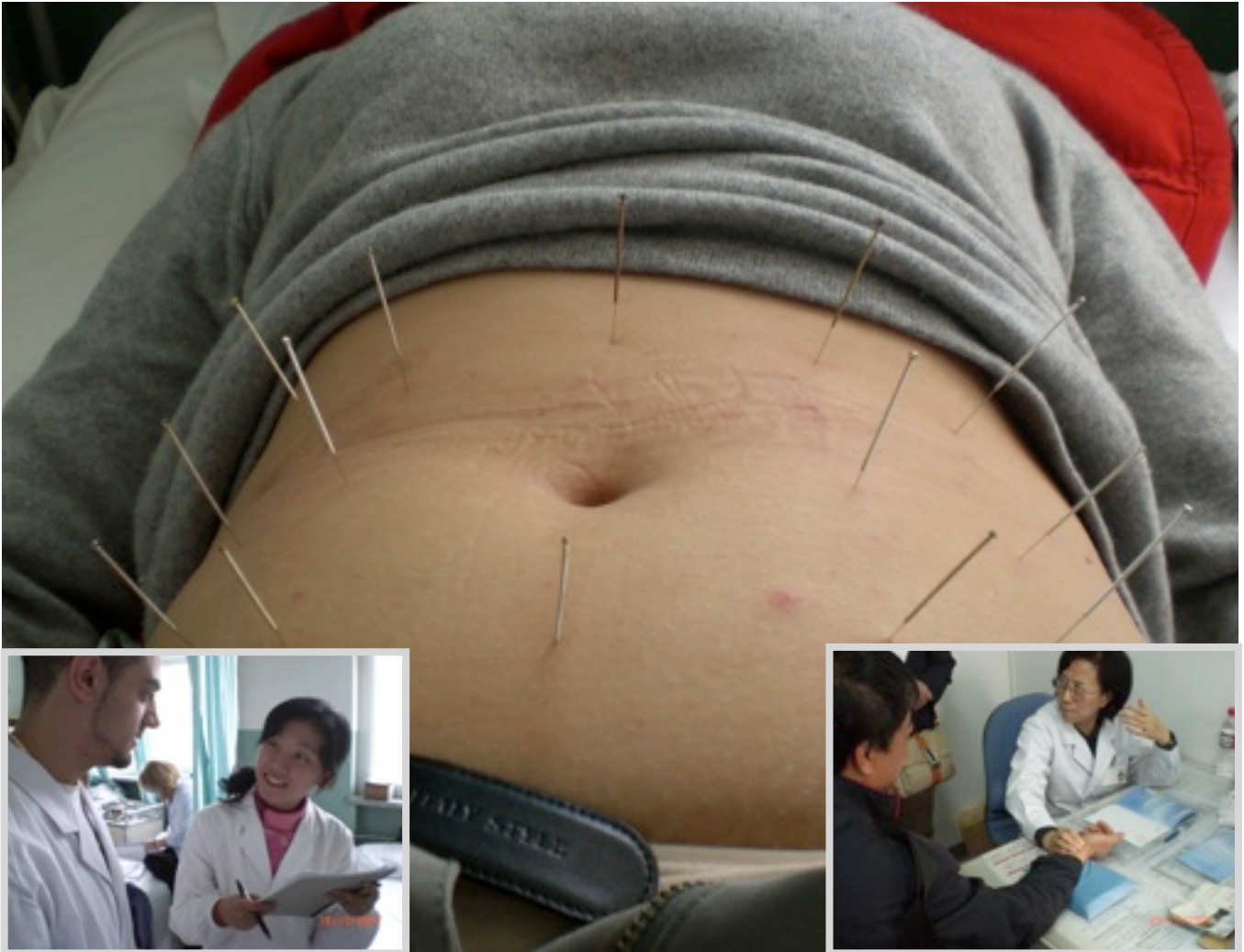
Course Cost - Total £1800 (£600 non-refundable deposit and £1200 for the course. Payments made £200 per course module)

End of course - If you are already a medical professional, and a member of a statutory regulated body, the end of program examination is to gain a professional qualification in Acupuncture for Pain Relief & Structural Dysfunction. If you are not a medical professional, this is the first stage to gaining your professional qualification in Acupuncture.

Registration/Approval - This course is recommended and approved by the Institute for Complementary & Natural Medicine (ICNM), British Register of Complementary Practitioners (BRCP)

This Program Includes:

- Introduction to Acupuncture, Health & Safety, Contra-Indications, etc.
- Basic Theory of Pain in TCM
- Acupuncture apparatus (such as TDP Lamp, Electro-Stimulator, etc.)
- Treatment of pain and dysfunction to the upper/lower extremities, spine, pelvis & head.
- Clinical Practice



Full Traditional Chinese Medicine Acupuncture & Moxibustion Program

Course Pre-Requisite - AOM Acupuncture for Structural Dysfunction & Pain Management

Course Length - 20 Modules (1 Module being a 2 day attendance lecture)

Home Study - 19 Essays (plus learning assignments)

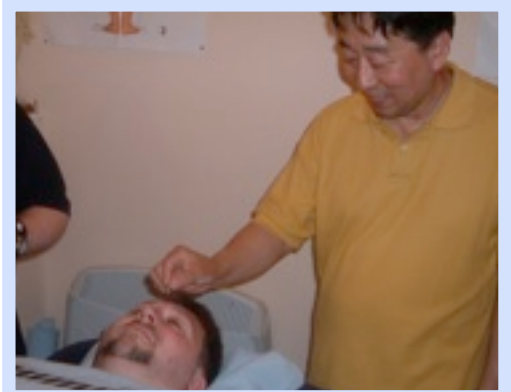
End of course program examination to gain a professional qualification in Acupuncture & Moxibustion

Registration/Approval - This course is recommended and approved by the Institute for Complementary & Natural Medicine (ICNM), British Register of Complementary Practitioners (BRCP)

Course Cost - Total: £4500 (£500 non-refundable deposit and £4000 for the course. Payments made £200 per course module)

This program is an in-depth study of Acupuncture & Moxibustion. The course includes:

- TCM Theory
- TCM Diagnosis & Differentiation
- Theory of Channels, Meridians, Collaterals
- Point Location and Indication
- Selecting Points & Needling Methods
- Clinical Practice
- and much more...



Bachelor of Science Degree in Acupuncture & Oriental Medicine

The BSc Degree is the following previously mentioned Academy of Oriental Medicine course programs combined:

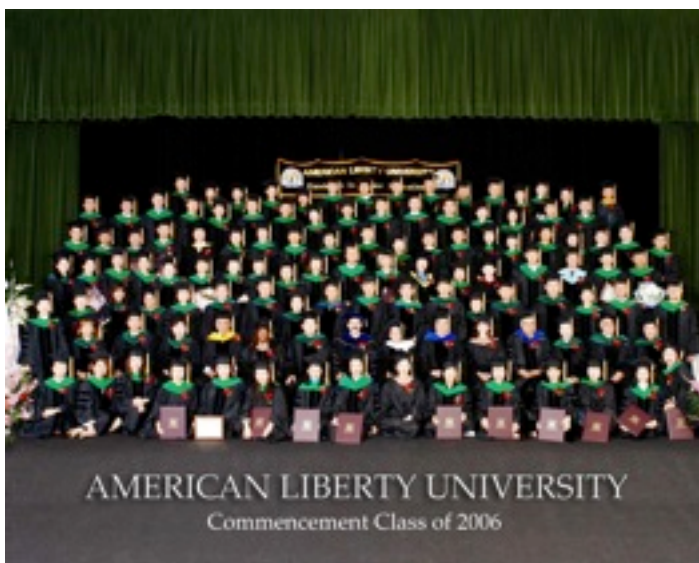
- Anmo - Chinese Remedial Massage (or equivalent qualification) (cost £2000)
- Cupping & Moxibustion (cost £250)
- Fu Bu Anmo - Abdominal / Organ Massage (cost £500)
- Tao-Yin Cranial Balancing (cost £700)
- TuiNa / Tao-Yin - Chinese Physical Therapy / Positional Release / Qi Gung Therapy (cost £2500)
- Acupuncture for Structural Dysfunction & Pain Management (cost £1800)
- TCM Acupuncture & Moxibustion (cost £4500)



Home Study - Along with the set essays and home study assignments for the individual disciplines, there is an additional 12'000 word dissertation required by the University

Pre-Requisite: All individual sections of the degree and their pre-requisites have been outlined previously in this prospectus

BSc Degree Program Cost - this is an amalgamation of the courses mentioned above (totaling £12'250) and an additional University & administration fee of £2750. **(Total overall cost £15'000)**



Financial Assistance for the BSc Degree

Through several banks the government offers Career Development Loans (CDL), which are deferred repayment bank loans to help you pay for vocational studies. These are available from banks such as: Barclays, the Co-operative, Royal Bank of Scotland etc.

For more information or to request an application go to the CDL web-site www.lifelonglearning.co.uk or call the CDL information line: 0800 585505, or apply for a pack by post to:

Free-post Career Development Loans

Governing Bodies

After qualifying in your chosen discipline, it is advised that you join one of the recognised complementary health governing bodies of which there are many.

As most students are multi-disciplined, we recommend you join the British Register of Complementary Practitioners (BRCP) which is a part of the Institute for Complementary & Natural Medicine (ICNM).

The Academy has had a very close working relationship with the ICNM for many years. First we were practitioner/members, then advisors, and in 2010 Dr Graham Chandler & Dr Philip Lawes were made "Fellows" of the Institute for Complementary and Natural Medicine.

The ICNM review and approve all the course programs that we at the Academy offer.

Regulations

Statutory regulations of Acupuncture have been talked about for many years and European regulations of Herbal Medicine are due to come into place by Spring 2011.

Dr Philip Lawes (Academy Director) is an active member of the Acupuncture Stakeholders Group and a member of the Chinese Medicine Working Group. Both groups are a mixture of the main course providers and governing bodies of Oriental Medicine in the UK, and were set up to aid in the forthcoming regulations in the UK.

Additional Learning

Post Graduate (CPD) Training, MSc Degree, PhD

Most governing bodies require a minimum amount of Continued Personal Development training (CPD) each year after qualification, to ensure that you are maintaining standards and progressing in your knowledge.

The Academy regularly puts on additional training and also arranges trips to China to fulfill this criteria.

For those who have completed the BSc Degree there is the option of the Master of Science Degree (MSc), or who knows you may even wish to continue on and become one of the few with a PhD (Doctorate) in Oriental Medicine in the UK?

For more information on the subject of continued training, we would recommend you contact the Academy to discuss your needs/wishes, and to be able to help build a plan of action for your continued education.



Clinical Practice Placements / Training Courses Abroad

The Academy regularly organises trips and training in China, Thailand, etc. For information on our next adventure please contact the Academy (Tel: 01708 370822)



- If you have any questions about any of the Academy's courses, please do not hesitate in contacting Phil or Graham
- Tel: 01708 370822
- Email: phillawes@aol.com
drgrahamchandler@yahoo.co.uk
- www.academyoforientalmedicine.co.uk

We look forward to seeing you

Dr Philip Lawes

Dr Graham Chandler



Terms & Conditions

Please read the following carefully, sign, date & return the document with your application and two passport sized photographs.

- The Academy of Oriental Medicine reserves all copyright of the materials supplied for the courses, and they must not be reproduced in any way except with the explicit written agreement of the Academy.
- No student may subsequently utilize course material by infringing the Academy's copyright either before or after qualification.
- The Academy reserves the right to alter course fees where necessary and make changes to course material, dates and locations of training.
- Upon enrolling on a course, the student must not to set him/herself up as a practitioner until the course has been completed and the relevant assessment by the Academy has been passed.
- No enrollment is accepted unless this form is completed, signed and sent together with the appropriate remittance: Cheques should be made payable to: Academy of Oriental Medicine Ltd.
- Cancellations will only be accepted before one month prior to the commencement of the course. This would be the official start date of the course notified to you in writing. If you have paid the course deposit and course fees prior to the commencement of the course, the Academy will refund all money less your deposit and £100 administration charge.
- Should you decide to leave the course early for any reason, prepaid course fees will be returned but only to the next full trimester.
- The Academy accepts cheques, cash, credit and debit cards as forms of payment, but please be aware that if you wish to pay course tuition fees, deposits, etc. by credit/debit card there will be a surcharge of 4% for credit card payments and 2% for debit card payments.

Signed..... Print.....

Date.....

Please state the course you are applying for:

Please state the course you are applying for:	
Name	Date of Birth
Address	Telephone
	<i>Home:</i> <i>Work:</i> <i>Mobile:</i>
Occupation	Qualifications
Previous Medical Experience	Where did you find out about the course?

**Please make all cheques for deposits/course fees payable to:
Academy of Oriental Medicine Ltd.**