



CRANIAL BALANCING THERAPY

Amongst the oldest forms of medicine written about and practiced in China, Tao-Yin (also can be spelt and pronounced as Dao Yin) is still a relevant and effective form of medicine in today's society.

Taught in many different countries in, many different styles, the Academy of Oriental Medicine has been instructing and practicing these therapies for many years. The course includes all the traditional methods along with a western knowledge of anatomy and physiology and a modern method of muscular skeletal diagnosis.



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OF ORIENTAL
MEDICINE

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CRANIAL BALANCE

CHINESE
TAO-YIN
POSITIONAL
RELEASE
TECHNIQUES
OF THE
CRANIAL SYSTEM

ICNM APPROVED

Course Pre-Requisites
Anmo - Chinese Remedial Massage
(or equivalent)

Cranial Balancing

Chinese Tao-Yin Cranial Balancing



COURSE PRE-REQUISITE:

Anmo (Chinese Remedial Massage)

COURSE LENGTH:

3 Modules (1 Module being a 2 day attendance lecture)

COURSE CONTENTS:

- Health & Safety in practice
- Contra-Indications to Tao-Yin Cranial Balancing
- History of Tao-Yin, Qi Gung.
- Styles of Cranial Balancing
- Understanding the Cranium
- Understanding the Facial Bones
- Relevant Anatomy & Physiology
- Testing & Evaluation
- Cranial-Bodily Associations
- Facial-Bodily Associations
- Incorporating Cranial Balancing into your treatment
- Qi Gung Preparation
- Tao-Yin Positional Release/Cranial Techniques
- Facial Release/Massage
- Sacral/Pelvic Relationship
- Clinical Practice
- Incorporating Trigger Points
- Treatment of Common Complaints with Cranial Technique

This program is designed to enhance the skills of the Anmo Remedial Massage Therapist, enabling them to deal with structural dysfunction with a greater understanding.

This non-manipulative therapy is the next progressive step from Anmo and will benefit both therapist and clientele.

